

April 5, 2021

**Ps. 55:22, “Cast your burden upon the LORD and He will sustain you; He will never allow the righteous to be shaken.”**

I love the fact that David knew where he could go when he was in need. He could always call upon the LORD. He knew that his God is faithful. Have you experienced the faithfulness of God? Have you cast your cares and burdens upon Him? He is able to not only carry your load, He will also lift you up and sustain you in times of stress, difficulty and sorrow. He is more than able.

The apostle Paul also knew the same thing about our God. In **Eph. 3:20-21** he states: **“Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.”** Our God will never allow the righteous to be shaken. In other words, our God is for us, He’s not against us. He is an ever present help in times of trouble.

Today, when people are struggling, they seem to be running to all kinds of places looking for all kinds of answers, when in fact, we can call upon the LORD. He is the answer. He is our sustainer. He is our sure foundation. He will never let the righteous be shaken. Call upon Him today. Cast your burden upon His perfect shoulders. Know that He will always be there for you.

**Dear LORD, thank You that You are our strength. You are our sustainer. You are our rock. We cast all of our cares upon You today because we know You care for us. In Jesus Name, Amen**